



MISSOURI
DEPARTMENT OF
NATURAL RESOURCES



Lunch and Learn

How Students Can Apply "Reduce, Reuse, Recycle" to Their Lunches for Earth Day



The Department of Natural Resources encourages students and teachers attending the Earth Day celebration at the Capitol to consider ways to reduce, reuse, and recycle when planning lunches.

Making conscious purchasing decisions with reducing, reusing and recycling in mind is a concept known as "pre-cycling."

Food for thought . . .

- Can reusable containers be for various lunch items - including the lunch bag?
- If reusable containers are not an option - is the packaging recyclable?
(See list below of items that are recyclable at the Earth Day event)
- Do lunch items have excessive or non-recyclable packaging?
- Can you pack a lunch that creates ZERO waste?

Materials Accepted for Recycling at Earth Day

- #1 plastic bottles and #2 colored plastic bottles (bottles only - no lids please)
- #2 natural plastic bottles (opaque, milk jug type plastic; bottles only - no lids please)
- Aluminum Cans (no foil please)
- Cardboard: Corrugated boxes and paperboard (cereal and tissue box type material)
- Mixed Paper: white, colored, windowed envelopes, newspapers, magazines, books or bound materials, telephone books, catalogs